

SAILORWAY MIDDLE SCHOOL CYCLE MENU 2019-2020

WEEK 1	CHICKEN TENDERS W/ROLL TATER TOTS CALIFORNIA BLEND VEGETABLE ASSORTED FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH MILK	BEEF OR CHICKEN SOFT TACO LETTUCE & CHEESE CHERRY TOMATO RED AND ORANGE PEPPERS REFRIED BEANS FRUIT SLUSIE ALTERNATE CHOICE ASSORTED COLD SANDWICH MILK	MINI WAFFLES OR EGG BACON CHEESE BOATS HASH BOWN POTATO CELERY & CARROT's W/RANCH SAUSAGE LINKS JUICE CUPS/PINEAPPLE CUPS SEASONAL FRESH FRUIT ALTERNATE CHOICE ASSTORED SANDWICH MILK	MINI CORN DOGS SEASONED FRIES COLESLAW BAKED BEANS FRESH CUCUMBER SLICES SEASONAL FRESH FRUIT PEACH CUPS ALTERNATE CHOICE ASSORTED COLD SANDWICH MILK	DOMINO'S PIZZA TRIANGLE POTATO ASSORTED FRESH VEGETABLES GARDEN SIDE SALAD SEASONAL FRESH FRUIT PINEAPPLE FRUIT CUPS ALTERNATE CHOICE ASSORTED SANDWICH MILK
WEEK 2	POPCORN CHICKEN OR SALISBURY STEAK MASHED POTATO W/GRAVY STEAMED BROCCOLI ASSORTED FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH MILK	MARCO'S PIZZA TOSSED SALAD TRIANGLE POTATO DICED PEACHES ASSORTED FRUIT ALTERNATE CHOICE ASSORTED SANDWICH MILK	MACARONI & CHEESE SOFT PRETZEL STEAMED BROCCOLI APPLESAUCE CUPS ALTERNATE CHOICE ASSORTED SANDWICH MILK	SMS BURGER OR CHICKEN PARM SANDWICH CHIPS & BAKED BEANS LETTUCE, TOMATO & PICKLE TROPICAL FRUIT SALAD SEASONAL FRESH FRUIT ALTERNATE CHOICE ASSORTED SANDWICH MILK	BOSCO CHEESE STICKS W/MARINARA SAUCE WAFFLE FRIES CARROT STICKS W/ DIP ASSORTED FRUIT CUP SEASONAL FRESH FRUIT ALTERNATE CHOICE: ASSORTED COLD SANDWICH MILK
WEEK 3	CHICKEN NUGGETS W/ROLL ASSORTED SAUCES POTATO SMILES STEAMED BROCCOLI ASSORTED FRUIT CUP SEASONAL FRESH FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH MILK	HOT DOG ON BUN OR MEATBALL SUB CHIPS BAKED BEANS COLE SLAW ASSORTED FRUIT CUP SEASONAL FRESH FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH MILK	BRUNCH FOR LUNCH FRENCH TOAST STICKS SAUSAGE LINKS HASH BROWN GLAZED CARROTS ASSORTED FRUIT CUP SEASONAL FRESH FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH MILK	TOASTED CHEESE TOMATO SOUP W/ CRACKERS BROCCOLI W/ DIP RED & ORANGE PEPPER STRIPS ASSORTED FRUIT CUP SEASONAL FRESH FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH MILK	PIZZA HUT PIZZA TRIANGLE POTATO FRESH GARDEN SALAD ASSORTED FRUIT CUPS SEASONAL FRESH FRUIT ALERNATE CHOICE: ASSORTED SANDWICH MILK
WEEK 4	ASIAN CHICKEN W/ RICE ASIAN VEGETABLES STEAMED CORN ASSORTED SAUCES PINEAPPLE FRUIT CUPS SEASONAL FRESH FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH MILK	MARCO'S PIZZA TOSSED SALAD TRIANGLE POTATO ASSORTED PEPPER STRIPS SIDEKICKS SLUSIE ASSORTED FRESH FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH MILK	PASTA DAY GARLIC TEXAS TOAST GLAZED STEAMED CARROTS SEASONED GREEN BEANS ASSORTED FRUIT CUPS SEASONAL FRESH FRUIT ALTERNATE CHOICE: ASSORTED COLD SANDWICH MILK	CHICKEN PATTY OR SHREDDDED BBQ PORK BAKED BEANS COLE SLAD ASSORTED FRUIT CUPS WG/ CHIPS ALTERNATE CHOICE ASSORTED COLD SANDWICH MILK	ITALIAN CALAZONE OR FIESTADA PIZZA TRIANGLE POTATO ASSORTED FRESH VEGETABLES ASSORTED FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH MILK
WEEK 5	MOZZARELLA CHEESE STICKS MARINARA DIPPING CUPS STEAMED BROCCOLI SMILE POTATOES ASSORTED FRUIT CUPS SEASONAL FRESH FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH MILK	WALKING TACO OR BURRITO WITH WG/CHIPS LETTUCE, TOMATO & CHEESE REFRIED BEANS CHURRO STEAMED CORN ASSORTED FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH MILK	PANCAKES SAUSAGE LINK HASH BROWN CARROT STICKS W/ DIP ASSORTED FRUIT CUPS SEASONAL FRESH FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH MILK	BONELESS WINGS OR SLOPPY JOES ON BUN SEASONED FRIES CUCUMBER & PEPPER STICKS ASSORTED FRUIT CUPS SEASONAL FRSH FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH MILK	DOMINO'S PIZZA TRIANGLE POTATO GARDEN SALAD ASSORTED FRESH VEGETABLES ASSORTED FRUIT CUP SEASONAL FRESH FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH MILK

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