

VERMILION ELEMENTARY SCHOOL CYCLE MENU 2017-2018

WEEK 1	Chicken Nugget w/Roll Baked Smiley Fries Steamed Peas Assorted Fruit Fresh Carrot Cup Alternate Choice Bologna Sandwich PBJ	Bosco Cheese Sticks w/ Marinara Sauce Fresh Romaine Salad w/ Tomato Assorted Fruit Alternate Choice Turkey and Cheese Sandwich PBJ	Ravioli w/Meat Sauce Dinner Roll Steamed Cauliflower Fresh Cucumber/Red or Green Pepper Cup Assorted Fruit Alternate Choice Bologna Sandwich or PBJ	Grilled Cheese Sandwich Tomato Soup w/ WG Crackers Vegetable Dragon Punch Assorted Fruit Fresh Celery w/"Wow" peanut butter Alternate Choice Turkey and Cheese Sandwich PBJ	Mini Corn Dogs Steamed California Blend Honey Bunny Crackers Assorted Fruit Fresh Veggie Cup Assorted Canned & Fresh Fruit Alternate Choice PBJ
WEEK 2	Chicken Tenders w/Garlic Breadsticks Mashed Potatoes Seasoned Green Beans Assorted Fruit Fresh Carrot Cup Alternate Choice Corn Dog or PBJ	"Domino's Pizza Fresh Romaine Salad w/ Chick Peas Baked Pretzel Fresh Broccoli Cup Assorted Fruit Alternate Choice Toasted Cheese or PBJ	Swedish Meatballs w/ Gravy Over Noodles Dinner Roll Candies Sweet Potatoes Assorted Fruit Fresh Cucumber/Red or Green Pepper Cup Alternate Choice Corn Dog or PBJ	Breakfast for Lunch Waffles w/Syrup Triangle Hash Brown Sausage Patty Assorted 100% Juice Fresh Celery w/"Wow" peanut butter Alternate Choice Toasted Cheese or PBJ	Nachos w/ Cheese Seasoned Rice Steamed Broccoli Fresh Veggie Cup Assorted Fruit Alternate Choice Toasted Cheese or PBJ
WEEK 3	Chicken Sticks w/ Roll Baked Seasoned Curly Fries Steamed Carrots and Peas Fresh Carrot Cup Assorted Fruit Alternate Choice Bologna Sandwich or PBJ	Fiestada or Cheese Pizza Fresh Romaine Salad w/ tomato WG Sugar Cookie Fresh Broccoli Cup Assorted Fruit Alternate Choice Turkey and Cheese or PBJ	Mozzarella Cheese Sticks w/ Marinara Sauce Candied Carrots Fresh Cucumber/Red or Green Pepper Cup Assorted Fruit Alternate Choice Bologna Sandwich or PBJ	"Wow" *Peanut Free PB & Jelly Sandwich Steamed Sweet Corn Colby Jack Cheese Cubes Fresh Celery w/"Wow" peanut butter Assorted Fruit Alternate Choice Turkey and Cheese	Corn Dog Baked Beans Fresh Coleslaw Cup Assorted Goldfish Crackers Assorted Canned & Fresh Fruit Assorted Veggie Cup Alternate Choice Fish Sandwich or PBJ
WEEK 4	Popcorn Chicken Bites w/Roll Baked Seasoned "Skin On" Fries Steamed Mixed Vegetables Fresh Carrot Cup Assorted Fruit Alternate Choice Corn Dog or PBJ	"Pizza Hut" Pizza Fresh Romaine Salad w/ Chick- peas Pretzel Rod Fresh Broccoli Cup Assorted Fruit Alternate Choice Toasted Cheese or PBJ	Baked Mac & Cheese Dinner Dinner Roll Candied Carrots Fresh Cucumber/Red or Green Pepper Cup Assorted Fruit Alternate Choice Corn Dog or PBJ	Chicken Patty on a WG Bun Seasoned Green Beans Baked Assorted Chips Fresh Celery w/"Wow" peanut butter Assorted Fruit Alternate Choice Toasted Cheese or PBJ	Hard or Soft Taco Lettuce Cup w/Cheese Mexican Rice Cheez-it Crackers Assorted Veggie Cup Assorted Fruit Alternate Choice PBJ
WEEK 5	Grilled Chicken Bites Garlic Breadstick Seasoned Potato Wedges Baked Beans Fresh Carrot Cup Assorted Fruit Alternate Choice Toasted Ham & Cheese or PBJ	French Bread Pizza Fresh Romaine Salad w/Cheese Steamed Sweet Corn Fresh Broccoli Cup Assorted Fruit Granola Bar Alternate Choice Sloppy Joe Sandwich or PBJ	Salisbury Steak w/ Roll Mashed Potatoes Steamed Carrots Fresh Cucumber/Red or Green Pepper Cup Assorted Fruit Alternate Choice Toasted Ham & Cheese or PBJ	Hamburger on a WG Bun Hash Brown Potato Steamed Peas & Carrots Rice Krispie Square Fresh Celery w/"Wow" peanut butter Assorted Fruit Alternate Choice Sloppy Joe Sandwich or PBJ	Hot Dog on a WG Bun Baked Season Tater Tots Assorted Veggie Cup Assorted Fruit "Despicable Me" Crackers Alternate Choice Fish Sandwich or PBJ

AUGUST							SEPTEMBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				24	25	26						1	2
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OCTOBER							NOVEMBER						
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29	30	31											

DECEMBER							JANUARY						
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31													

FEBRUARY							MARCH						
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APRIL							MAY							
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29	30						27	28	29	30	31			

JUNE						
S	M	T	W	T	F	S
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3	4	5	6			

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