

SAILORWAY MIDDLE SCHOOL CYCLE MENU 2018-2019

WEEK 1	CHICKEN NUGGET W/ROLL TATER TOTS STEAMED BROCCOLI ASSORTED FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH WOW PB& J	TACO TUESDAY WG/CHIPS BLACK BEANS OR CORN CHERRY TOMATO LETTUCE & CHEESE CUP ALTERNATE CHOICE ASSORTED COLD SANDWICH WOW PB&J	BONELESS WINGS CHEESEY POTATO CALIFORNIA BLEND FRESH CUCUMBERS ASSORTED FRUIT CUP ALTERNATE CHOICE ASSTORED SANDWICH	GRILLED CHEESE TOMATO SOUP CRACKERS FRESH CELERY & CARROTS STICKS ASSORTED FRUIT ALTERNATE CHOICE ASSORTED SANDWICH WOW PB & J	MARCO'S PIZZA TATER PUFF ASSORTED FRESH VEGTABLES ASSORTED FRUIT CUP ALTERNATE CHOICE ASSORTED SANDWICH WOW PB&J
WEEK 2	CHICKEN TENDERS W/ROLL AU GRATIN POTATO STEAMED BROCCOLI ASSORTED FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH WOW PB&J	DOMINO'S PIZZA TOSSED SALAD TRIANGLE POTATO ASSORTED FRUIT ALTERNATE CHOICE ASSORTED SANDWICH WOW PB& J	BRUNCH FOR LUNCH CONFETTI PANCAKES SAUSAGE LINK ASSORTED FRUIT CARROT STICKS ALTERNATE CHOICE ASSORTED SANDWICH WOW PB & J	MINI CORN DOGS BAKED BEANS RICE KRISPIE TREAT ASSORTED FRUIT ALTERNATE CHOICE ASSORTED SANDWICH WOW PB & J	CHICKEN QUESADILLA W/MARINARA SAUCE JURASSIC WORLD GRAHAMS ASSORTED FRESH VEGTABLES ASSORTED FRUIT CUP ALTERNATE CHOICE: ASSORTED COLD SANDWICH WOW PB7J
WEEK 3	POPCORN CHICKEN W/ROLL ASSORTED SAUCES SEASONED RICE MALIBU BLEND VEGTABLE ASSORTED FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH	BBQ- RIB SANDWICH COLE SLAW CHEETZ IT CRACKERS BAKED BEANS ASSORTED FRUIT CUP ALTERNATE CHOICE ASSORTED COLD SANDWICH WOW PB&J	PASTA DAY TOSSED SALAD STEAMED BROCCOLI TEXAS GARLIC TOAST ASSORTED FRUIT CUP ALTERNATE CHOICE ASSORTED COLD SANDWICH WOW PB&J	MINI CHEESEBURGER SLIDERS OR Hamburger on Bun Seasoned fries Carrot & Celery Sticks PICKLE SPEAR ALTERNATE CHOICE Assorted Cold Sandwich Wow PB&J	FRENCH BREAD PIZZA FRIES CALIFORNIA BLEND ASSORTED FRUIT "Let Celebrate Monthly Birthday Cupcake" ALERNATE CHOICE: ASSORTED SANDWICH WOW PB&J
WEEK 4	GENERAL TSO CHICKEN BEEF TERIYAKI STRIPS ASAIN VEGTABLES/ RICE FORTUNE COOKIE ALTERNATE CHOICE ASSORTED COLD SANDWICH WOW PB&J	PIZZA HUT TOSSED SALAD HASH BROWN ASSORTED PEPPER STRIPS ALTERNATE CHOICE ASSORTED COLD SANDWICH WOW PB & J	ROAST BEEF MASHED POTATO W/GRAVY ROLL GREEN BEANS/BROCCOLI ASSORTED FRUIT ALTERNATE CHOICE:	SLOPPY JOE OR BBQ PORK BAKED BEANS COLE SLAD ASSORTED FRUIT WG/ CHIPS ALTERNATE CHOICE ASSORTED COLD SANDWICH WOW PB&J	CHEESY BREAD SMILE FRIES ASSORTED FRESH VEGTABLES ASSORTED FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH WOW PB& J
WEEK 5	BBQ CHICKEN PIZZA OR CHILI CHEESE FRIES STEAMED BROCCOLI ASSORTED FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH WOW PB& J	HOT DOG ON BUN WITH WG/CHIPS COLE SLAW FRESH CUCUMBERS & CAR- ROTS ASSORTED FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH WOW PB& J	"What's for Brunch?" Sausage Link Hash Brown FRESH PEPPER STRIPS ASSORTED JUICE CUPS CELERY STICKS ALTERNATE CHOICE ASSORTED COLD SANDWICH WOW PB&J	CHICKEN PATTY W/FRIES CHEESY POTATO BAKE CELERY & CARROT STICKS ASSORTED FRUIT CUPS ALTERNATE CHOICE ASSORTED COLD SANDWICH WOWPB&J	BOSCO CHEESE STICKS TOSSED SALAD CHEEZIT CRACKERS ASSORTED FRESH VEGGIE ASSORTED FRUIT ALTERNATE CHOICE ASSORTED COLD SANDWICH WOW PB& J

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