

VERMILION HIGH SCHOOL CYCLE MENU 2018-2019

WEEK 1	Grilled Cheese Tomato Soup Celery w/Peanut Butter Assorted Canned & Fresh Fruit Alternate Choice PBJ Italian Sub Bosco Sticks Popcorn Chicken	Burrito Day w/Lettuce & Tomato Refried Beans Mexican Corn Assorted Canned & Fresh Fruit Alternate Choice PBJ Italian Sub Bosco Sticks Popcorn Chicken	BBQ Wing Wednesday Potato Puffs Crunchy Coleslaw Assorted Canned & Fresh Fruit Alternate Choice PBJ Italian Sub Bosco Sticks Popcorn Chicken	Pasta w/Meat sauce Seasoned Green Beans California Blend Assorted Canned & Fresh Fruit Alternate Choice PBJ Italian Sub Bosco Sticks Popcorn Chicken	Domino's Pizza Tossed Salad Steamed Broccoli Assorted Canned & Fresh Fruit Alternate Choice PBJ Italian Sub Bosco Sticks Popcorn Chicken
WEEK 2	Chili Cheese Dog on a Bun Tater Tots Baked Beans Assorted Canned & Fresh Fruit Alternate Choice PBJ Corn Dog Pizza Slice	Beef Taco w/ Lettuce and Tomato Salsa w/Chips Assorted Canned & Fresh Fruit Alternate Choice PBJ Corn Dog Pizza Slice	Chicken & Biscuits Mashed Potatoes Seasoned Mixed Vegetables Assorted Canned & Fresh Fruit Alternate Choice PBJ Corn Dog Pizza Slice	Pizza Burger French Fries Glazed Carrots Assorted Canned & Fresh Fruit Alternate Choice PBJ Corn Dog Pizza Slice	Bosco Cheese Stick Tossed Salad Steamed Broccoli Assorted Canned & Fresh Fruit Alternate Choice PBJ Corn Dog Pizza Slice
WEEK 3	Chicken Patty on a WG Bun Seasoned Green Beans Baked Assorted Chips Fresh Assorted Vegetables Assorted Fruit Alternate Choice PBJ Chicken Nuggets & Fries	Macho Nacho's Corn on the Cob Black Beans w/Pico de Galla Assorted Canned & Fresh Fruit Alternate Choice PBJ Chicken Nuggets & Fries	Baked Mac & Cheese Dinner Dinner Roll Candied Carrots Fresh Cucumber/Red or Green Pepper Cup Assorted Fruit Alternate Choice PBJ Chicken Nuggets & Fries	Chicken Alfredo Steamed Broccoli Seasoned Corn Assorted Canned & Fresh Fruit Alternate Choice PBJ Chicken Nuggets & Fries Chopped Salad	"Pizza Hut" Pizza Fresh Romaine Salad w/ Chickpeas Pretzel Rod Fresh Broccoli Cup Assorted Fruit Alternate Choice PBJ Chicken Nuggets & Fries
WEEK 4	Bacon Cheeseburger on a Roll French Fries Baked Beans Assorted Canned & Fresh Fruit Alternate Choice PBJ Mini Corn Dogs & Fries Bosco Stick	General Tso Chicken w/Brown Rice Oriental Vegetables Seasoned Corn Assorted Canned & Fresh Fruit Alternate Choice PBJ Mini Corn Dogs & Fries Bosco Stick	Roast Beef w/ Gravy Mashed Potatoes Dinner Roll Steamed Carrots Assorted Fruit Alternate Choice PBJ Mini Corn Dogs & Fries Bosco Stick	French Toast Sticks Sausage Patty Hash Browns Glazed Carrots Assorted Canned & Fresh Fruit Alternate Choice PBJ Mini Corn Dogs & Fries Bosco Stick	Bosco's Cheese Sticks/Sauce Tossed Salad Steamed Broccoli Assorted Canned & Fresh Fruit Alternate Choice PBJ Mini Corn Dogs & Fries Bosco Stick
WEEK 5	Chicken Fajita /Pepper & Onions Mexican Corn Black Beans Assorted Canned & Fresh Fruit Alternate Choice PBJ Popcorn Chicken & Fries	Meatball Sub Tater Tots Steamed Carrots Assorted Canned & Fresh Fruit Alternate Choice PBJ Popcorn Chicken & Fries	Salisbury Steak w/ Roll Mashed Potatoes Steamed Carrots Fresh Assorted Vegetables Assorted Fruit Alternate Choice PBJ Popcorn Chicken & Fries	Hard Shell Taco w/Lettuce & Tomato Mexican Sour Cream Rice Refried Beans Assorted Canned & Fresh Fruit Alternate Choice PBJ Popcorn Chicken & Fries	Assorted French Bread Pizza Spinach Salad Corn on the Cob Assorted Canned & Fresh Fruit Alternate Choice PBJ Popcorn Chicken & Fries

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