



MENU

NOVEMBER

Sailorway Middle School – Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Cinnamon Pull Apart Rolls Assorted Fruits and Juice Choice of Milk
28	29	30	31	1
Buttermilk Pancakes Warm Cinnamon Apples Assorted Fruit and Juices Choice of Milk	Breakfast Burrito Assorted Fruit and Juice Choice of Milk	Cinnamon Glazed French Toast Assorted Fruit and Juice Choice of Milk	Breakfast Sandwich Assorted Fruits and Juice Choice of Milk	Dutch Waffle Assorted Fruits and Juice Choice of Milk
4	5	6	7	8
Whole Grain Bagel Assorted Fruits and Juice Choice of Milk	Breakfast Pizza Assorted Fruits and Juice Choice of Milk	French Toast Sticks Maple Syrup Assorted Fruits and Juice Choice of Milk	Breakfast Sandwich Assorted Fruits and Juice Choice of Milk	Cinnamon Pull Apart Rolls Assorted Fruits and Juice Choice of Milk
11	12	13	14	15
Buttermilk Pancakes Warm Cinnamon Apples Assorted Fruit and Juices Choice of Milk	Breakfast Burrito Assorted Fruit and Juice Choice of Milk	Cinnamon Glazed French Toast Assorted Fruit and Juice Choice of Milk	Breakfast Sandwich Assorted Fruits and Juice Choice of Milk	Dutch Waffle Assorted Fruits and Juice Choice of Milk
18	19	20	21	22
Whole Grain Bagel Assorted Fruits and Juice Choice of Milk	Breakfast Pizza Assorted Fruits and Juice Choice of Milk	No School	Happy Thanksgiving!	No School
25	26	27	28	29

Celebrate!
November is...
National Cinnamon Month
National Peanut Butter Lovers Month
and
National Gratitude Month!

Breakfast Price - \$1.85
Reduced Breakfast Price – No Charge
A full breakfast includes: Choice of 2 grains, 2 fruit or juice choices and 1 milk.
Students must take 3 of the 4 offered components

Alternate whole grain breakfast choices:
Banana bread, Honey Buns, Pop Tarts, Cereal Bars, Assorted Cereals, Mini Donuts and Muffins.

Common allergens may be present in several offerings

This institution is an equal opportunity provider.

