



# MENU

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**OCTOBER**  
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## Vermilion Elementary School – Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
30	Chicken & Biscuit Assorted Fruit/Juice Choice of Milk	1	Cinnamon Glazed French Toast Assorted Fruit/Juice Choice of Milk	2	Breakfast Sandwich Assorted Fruit/Juice Choice of Milk	3	Dutch Waffle Assorted Fruit/Juice Choice of Milk	4	
7	Waffles/Syrup Assorted Fruit/Juice Choice of Milk	8	Breakfast Pizza Assorted Fruit/Juice Choice of Milk	9	French Toast Sticks Warm Cinnamon Spiced Apples Assorted Fruit/Juice Choice of Milk	10	No School	11	No School Professional Development Day
14	Scrambled Eggs Hash Brown Rounds Assorted Fruit/Juice Choice of Milk	15	Chicken & Biscuit Assorted Fruit/Juice Choice of Milk	16	Cinnamon Glazed French Toast Assorted Fruit/Juice Choice of Milk	17	Breakfast Sandwich Assorted Fruit/Juice Choice of Milk	18	Dutch Waffle Assorted Fruit/Juice Choice of Milk
21	Waffles/Syrup Assorted Fruit/Juice Choice of Milk	22	Breakfast Pizza Assorted Fruit/Juice Choice of Milk	23	French Toast Sticks Warm Cinnamon Spiced Apples Assorted Fruit/Juice Choice of Milk	24	Breakfast Sandwich Assorted Fruit/Juice Choice of Milk	25	No School Teacher Record Day
28	Scrambled Eggs Hash Brown Rounds Assorted Fruit/Juice Choice of Milk	29	Chicken & Biscuit Assorted Fruit/Juice Choice of Milk	30	Cinnamon Glazed French Toast Assorted Fruit/Juice Choice of Milk	31	<b>Happy Halloween!</b> Breakfast Sandwich Assorted Fruit/Juice Choice of Milk	1	

Celebrate!  
 October is....  
 National Cookie  
 Month  
 National Pizza Month  
 and  
 National Cookbook  
 Month!

Breakfast Price - \$1.85  
 Reduced Breakfast Price – No Charge  
 A full breakfast includes: Choice of 2  
 grains, 2 fruit or juice choices and 1 milk.  
 Students must take 3 of the 4 offered  
 components

Alternate whole grain breakfast choices:  
 Banana Bread, Honey Buns, Pop Tarts,  
 Cereal Bars, Assorted Cereals, Mini Donuts  
 and Muffins.  
*Common allergens may be present in  
 several menu offerings.*

This institution is an equal  
 opportunity provider.

