

Vermilion High School



February 2023

Full student Breakfast includes choice of (2) grains or bread equivalents, (1) fruit and juice choices, and (1) milk choice (1% unflavored, skim, or fat-free flavored). <i>Students must take 3 of the 4 components, including one fruit or juice serving.</i>				Breakfast Price: \$1.85 Reduced Breakfast: \$.30
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Alternate Whole Grain Breakfast Choices:				
Banana Bread Honey Buns Pop-Tarts	Cereals/Cereal Bars Mini Donuts Muffins w/ Yogurt Cup			
		February 1	February 2	February 3
		Cherry Streudel *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Breakfast Sandwich *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Cinnamon Pull-Apart *Alternates offered daily Assorted Fruits and Juice Choice of Milk
February 6	February 7	February 8	February 9	February 10
Pancake Sausage Wrap *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Breakfast Burrito *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Waffles/Syrup *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Breakfast Sandwich *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Dutch Waffle *Alternates offered daily Assorted Fruits and Juice Choice of Milk
February 13	February 14	February 15	February 16	February 17
Pancakes/Syrup *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Breakfast Pizza *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Cherry Streudel *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Breakfast Sandwich *Alternates offered daily Assorted Fruits and Juice Choice of Milk	NO SCHOOL
February 20	February 21	February 22	February 23	February 24
NO SCHOOL	Breakfast Burrito *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Pancakes *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Breakfast Sandwich *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Cinnamon Pull-Apart *Alternates offered daily Assorted Fruits and Juice Choice of Milk
February 27	February 28	March 1	March 2	March 3
Pancake Sausage Wrap *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Breakfast Pizza *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Cherry Streudel *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Breakfast Sandwich *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Dutch Waffle *Alternates offered daily Assorted Fruits and Juice Choice of Milk
<p>This café uses a variety of products that may contain an artificial sweetener.</p> <p>Products may be produced in a plant that also produces milk, egg, wheat, soy, peanuts, and tree nuts.</p>				
This institution is an equal opportunity provider.			Menu subject to change without notice.	