

BREAKFAST

JANUARY 2025
Vermilion High School Cafe

Breakfast Price - \$1.85
Reduced Breakfast Price - No Charge
A full breakfast includes: Choice of 2 grains, 2 fruit or juice choices and 1 milk.
Students must take 3 of the 4 offered components

Monday	Tuesday	Wednesday	Thursday	Friday
	HAPPY NEW YEAR	1	2	3
6 Welcome Back! Scrambled Eggs Whole Grain Bagel Assorted Fruit/Juice Choice of Milk	7 Breakfast Pizza Assorted Fruit/Juice Choice of Milk	8 Cinnamon Glazed French Toast Assorted Fruit/Juice Choice of Milk	9 Breakfast Sandwich Assorted Fruit/Juice Choice of Milk	10 Teacher Record Day No Students
13 Pancake and Sausage on a Stick Assorted Fruit/Juice Choice of Milk	14 Breakfast Pizza Assorted Fruit/Juice Choice of Milk	15 French Toast Sticks Warm Cinnamon Apples Assorted Fruit/Juice Choice of Milk	16 Breakfast Sandwich Assorted Fruit/Juice Choice of Milk	17 Cinnamon Pull Apart Bread Assorted Fruit/Juice Choice of Milk
20 Martin Luther King Jr. Day	21 Breakfast Pizza Assorted Fruit/Juice Choice of Milk	22 Cinnamon Glazed French Toast Assorted Fruit/Juice Choice of Milk	23 Breakfast Sandwich Assorted Fruit/Juice Choice of Milk	24 Dutch Waffle Assorted Fruit/Juice Choice of Milk
27 Pancake and Sausage on a Stick Assorted Fruit/Juice Choice of Milk	28 Breakfast Pizza Assorted Fruit/Juice Choice of Milk	29 French Toast Sticks Warm Cinnamon Apples Assorted Fruit/Juice Choice of Milk	30 Breakfast Sandwich Assorted Fruit/Juice Choice of Milk	31 Cinnamon Pull Apart Bread Assorted Fruit/Juice Choice of Milk

Alternate whole grain breakfast choices:

Banana Bread, Honey Buns, Pop Tarts, Cereal Bars, Assorted Cereals, Mini Donuts and Muffins.

Common allergens (milk, egg, tree nuts, wheat, peanuts, soybeans and or sesame) may be present in several menu offerings that have been prepared in facilities where these items are also processed, please notify staff of allergies and to get more information.

This institution is an equal opportunity provider.