

MARCH 2024

Vermilion High School Cafe

BREAKFAST



Breakfast Price - \$1.85

Reduced Breakfast Price – No Charge

A full breakfast includes: Choice of 2 grains, 2 fruit or juice choices and 1 milk.

Students must take 3 of the 4 offered components

Surf's Up!

Celebrate National School Breakfast Week March 4 – 8!

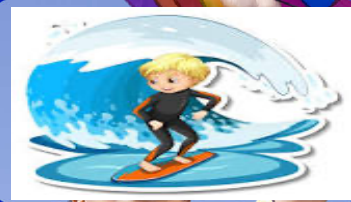
Alternate whole grain breakfast choices:

Banana bread, Honey Buns, Pop Tarts, Cereal Bars, Assorted Cereals, Mini Donuts and Muffins.

Common allergens may be present in several menu offerings.

MONDAY

TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

1

No School

Hot Breakfast Buffet!
Eggs, Assorted Meats,
Assorted Grain Choices
Fruit/Juices
Choice of Milk

4

Breakfast Charcuterie Plate
Bagels and String Cheese
Yogurt and Fruit Cup
Choice of Milk

5

Surfs Up Breakfast
Cheese Omelet
English Muffin
Assorted Fruit/Juice
Choice of Milk

6

Biscuits and Gravy
Assorted Fruit/Juice
Choice of Milk

7

Cook's Choice Buffet!
Your cook will whip up
some of her breakfast
favorites served with
fruit and milk

8

Scrambled Eggs
Hash Brown
Assorted Fruit/Juice
Choice of Milk

11

Breakfast Burrito
Assorted Fruit/Juice
Choice of Milk

12

Cinnamon Glazed
French Toast
Assorted Fruit/Juice
Choice of Milk

13

Breakfast Sandwich
Assorted Fruit/Juice
Choice of Milk

14

Dutch Waffle
Assorted Fruit/Juice
Choice of Milk

15

Apple Frudel
Assorted Fruit/Juice
Choice of Milk

18

Breakfast Pizza
Assorted Fruit/Juice
Choice of Milk

19

French Toast Sticks
Syrup
Assorted Fruit/Juice
Choice of Milk

20

Breakfast Sandwich
Assorted Fruit/Juice
Choice of Milk

21

No School

22

25

Spring Break

26

Spring Break

27

Spring Break

28

Spring Break

29

Spring Break