

Vermilion High School



May-June 2023

Full student Breakfast includes choice of (2) grains or bread equivalents, (1) fruit and juice choices, and (1) milk choice (1% unflavored, skim, or fat-free flavored). <i>Students must take 3 of the 4 components, including one fruit or juice serving.</i>				Breakfast Price: \$1.85 Reduced Breakfast: \$.30
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Alternate Whole Grain Breakfast Choices:				
Banana Bread	Cereals/Cereal Bars			
Honey Buns	Mini Donuts			
Pop-Tarts	Muffins w/ Yogurt Cup			
May 1	May 2	May 3	May 4	May 5
Pancakes/Syrup *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Breakfast Pizza *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Fruit Streudel *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Breakfast Sandwich *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Dutch Waffle *Alternates offered daily Assorted Fruits and Juice Choice of Milk
May 8	May 9	May 10	May 11	May 12
Pancakes/Syrup *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Breakfast Burrito *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Pancakes *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Breakfast Sandwich *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Cinnamon Pull-Apart *Alternates offered daily Assorted Fruits and Juice Choice of Milk
May 15	May 16	May 17	May 18	May 19
Pancakes/Syrup *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Breakfast Pizza *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Fruit Streudel *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Breakfast Sandwich *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Dutch Waffle *Alternates offered daily Assorted Fruits and Juice Choice of Milk
May 22	May 23	May 24	May 25	May 26
Pancakes/Syrup *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Breakfast Burrito *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Pancakes *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Breakfast Sandwich *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Cinnamon Pull-Apart *Alternates offered daily Assorted Fruits and Juice Choice of Milk
May 29	May 30	May 31	June 1	June 2
Memorial Day NO SCHOOL	Breakfast Pizza *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Fruit Streudel *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Breakfast Sandwich *Alternates offered daily Assorted Fruits and Juice Choice of Milk	Dutch Waffle *Alternates offered daily Assorted Fruits and Juice Choice of Milk
This café uses a variety of products that may contain an artificial sweetener.	Products may be produced in a plant that also produces milk, egg, wheat, soy, peanuts, and tree nuts.			
This institution is an equal opportunity provider.			Menu subject to change without notice.	