

# Sailorway Café



## May-June 2023

Full student lunch includes choice of meat or meat alternate, whole grain bread or grain, vegetable, fruit or juice choice, and milk choice (1% unflavored, skim, or fat-free flavored). <b>Students must take a 1/2c serving of a fruit or a vegetable with lunch.</b>	<b>Lunch Price: \$2.90</b> <b>Reduced Lunch: \$40</b> <b>Adult Lunch: \$4.35</b>
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 1	May 2	May 3	May 4	May 5
Toasted Cheese Sandwich Chuli or Tomato Soup  Tater Tots Assorted Fresh Veggies Assorted Fresh & Canned fruits Choice of Milk	General Tso's Chicken WG Rice  Steamed California Veggies Assorted Fresh Veggies Assorted Fruits or 100% Juice Choice of Milk	Walking Tacos - Doritos w/ Seasoned Beef, Cheese, Lettuce, Sour Cream, Salsa Black Beans Assorted Fresh Veggies Assorted Fresh & Canned fruits Choice of Milk	Fresh Baked Pizza - Cheese, Pepperoni or Buffalo Chicken  Steamed Corn Assorted Fresh Veggies Assorted Fruits or 100% Juice Choice of Milk	Popcorn Chicken Sub  French Fries Assorted Fresh Veggies Assorted Fresh & Canned fruits Choice of Milk
May 8	May 9	May 10	May 11	May 12
Bosco Breadsticks Marinara Steamed Broccoli  Assorted Fresh Veggies Assorted Fresh & Canned fruits Choice of Milk	Popcorn Chicken WG Crackers Rosemary Roasted Potatoes  Assorted Fresh Veggies Assorted Fruits or 100% Juice Choice of Milk	French Toast Sticks/syrup Sausage Patty Tater Tots  Assorted Fresh Veggies Assorted Fresh & Canned fruits Choice of Milk	Domino's Pizza (Cheese or Pepperoni)  Baked French Fries Assorted Fresh Veggies Assorted Fruits or 100% Juice Choice of Milk	Mini Corn Dogs  Baked Beans Assorted Fresh Veggies Assorted Fresh & Canned fruits Choice of Milk
May 15	May 16	May 17	May 18	May 19
Chicken & Cheese Quesadilla Lettuce/Salsa/Sour Cream  Steamed Corn Assorted Fresh Veggies Assorted Fresh & Canned fruits Choice of Milk	Pasta Bar - Rotini w/Meatballs or Chicken Parmesan Marinara Sauce WG Garlic Breadstick Garden Salad Assorted Fresh Veggies Assorted Fruits or 100% Juice Choice of Milk	Macho Nachos Corn Tortilla Chips, Beef Taco Mix, Cheese Sauce, Lettuce, Salsa, Sour Cream Black Beans Assorted Fresh Veggies Assorted Fresh & Canned fruits Choice of Milk	Marco's Pizza (Pepperoni or Buffalo Cheese)  Tater Tots Assorted Fresh Veggies Assorted Fruits or 100% Juice Choice of Milk	BBQ Pork Sandwich Choice of Chips  Baked Twister Fries Assorted Fresh Veggies Assorted Fresh & Canned fruits Choice of Milk
May 22	May 23	May 24	May 25	May 26
Breaded Mozzarella Cheese Sticks/Marinara  Baked Beans Assorted Fresh Veggies Assorted Fresh & Canned fruits Choice of Milk	Chicken Mashed Potato Bowl WG Roll  Mashed Potatoes Assorted Fresh Veggies Assorted Fruits or 100% Juice Choice of Milk	Chicken Tenders Dutch Waffle  Tater Tots Assorted Fresh Veggies Assorted Fresh & Canned fruits Choice of Milk	Macaroni & Cheese wg muffin  Steamed Broccoli Assorted Fresh Veggies Assorted Fruits or 100% Juice Choice of Milk	<b>FIELD DAY</b> Marco's Pizza Assorted Fresh Veggies/Ranch Fresh Fruit Choice of Milk Fruit Snack
May 29	May 30	May 31	June 1	June 2
<b>Memorial Day</b> <b>NO SCHOOL</b>	Popcorn Chicken WG Crackers Rosemary Roasted Potatoes  Assorted Fresh Veggies Assorted Fruits or 100% Juice Choice of Milk	Chipotle Burritos Lettuce, Salsa, Sour Cream Refried Beans  Assorted Fresh Veggies Assorted Fresh & Canned fruits Choice of Milk	Domino's Pizza (Cheese or Pepperoni)  Baked French Fries Assorted Fresh Veggies Assorted Fruits or 100% Juice Choice of Milk	Hot Dog /Bun  Choice of Chips Baked Beans Assorted Fresh Veggies Assorted Fresh & Canned fruits Choice of Milk

Menu subject to change without notice.	<b>This institution is an equal opportunity provider.</b>
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<b>Daily Meal Choices:</b> Mon-Wed-Fri: Breaded Chicken Filet Sandwich Mon-Wed-Fri: Spicy Breaded Chicken Filet Sandwich Tues-Thurs: Hamburger/Cheeseburger on Bun Cold Deli Sandwich Creamy Yogurt Parfait with Banana Bread Sunbutter Uncrustable/String Cheese &/or WG Crackers	<b>Garden Fresh Entrée Salads:</b>  Salad lunches come with a fruit or juice, a warm WG breadstick, veggie selections, milk choice, & dressing  Daily Salads: Chef, Crispy Chicken, Chicken BLT, & Vegetarian	This café uses a variety of products that may contain an artificial sweetener.  Products may be produced in a plant that also produces milk, egg, wheat, soy, peanuts, and tree nuts.
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