

February 2023

Vermilion Elementary School



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| | | February 1 | February 2 | February 3 |
| | | Bosco Cheesy Breadsticks Marinara Sauce <i>Fresh Garden Salad</i> Steamed Corn Assorted Fresh & Canned fruits Choice of Milk | Mini Waffles/Syrup Sausage Links Baby Carrots/ Ranch Tater Tots Assorted Fruits or 100% Juice Choice of Milk | Marco's Pizza Cheese or Pepperoni) <i>Fresh Garden Salad</i> Twister Fries Assorted Fresh & Canned fruits Choice of Milk |
| February 6 | February 7 | February 8 | February 9 | February 10 |
| Chicken Nuggets WG Muffin Baked French Fries California Veggies Assorted Fresh & Canned fruits Choice of Milk | Mini Corn Dogs Twisted Fries Baked Beans Assorted Fruits or 100% Juice Choice of Milk | Toasted Cheese Tomato Soup or Chili Steamed Broccoli Fresh Veggie Cup Assorted Fresh & Canned fruits Choice of Milk | Chicken Tenders Waffle Rosemary Roasted Potatoes Baby Carrots/Ranch Assorted Fruits or 100% Juice Choice of Milk | Fresh Baked Pizza (Cheese or Pepperoni) Fresh Veggie Cup Steamed Corn Assorted Fresh & Canned fruits Choice of Milk |
| February 13 | February 14 | February 15 | February 16 | February 17 |
| Popcorn Chicken WG Crackers Mashed Potatoes/Gravy Baby Carrots/Ranch Assorted Fresh & Canned fruits Choice of Milk | 1. Soft Tacos - Beef & Cheese Soft flour shells,lettuce,salsa Fiesta Beans Steamed Corn Assorted Fruits or 100% Juice Choice of Milk <i>Valentine Cookie</i> | Bosco Cheesy Breadsticks Marinara Sauce <i>Fresh Garden Salad</i> Crinkle Cut Fries Assorted Fresh & Canned fruits Choice of Milk | Blueberry Belgium Waffle Sausage Links Tater Tots Steamed Broccoli Assorted Fruits or 100% Juice Choice of Milk | NO SCHOOL |
| February 20 | February 21 | February 22 | February 23 | February 24 |
| NO SCHOOL | Beef Hot Dog/WG Bun Twister Fries Baked Beans Assorted Fruits or 100% Juice Choice of Milk | Macaroni & Cheese WG Muffin Fresh Veggie Cup Steamed Broccoli Assorted Fresh & Canned fruits Choice of Milk | Pancakes Sausage Patty Rosemary Roasted Potatoes Baby Carrots/Ranch Assorted Fruits or 100% Juice Choice of Milk | Domino's Pizza Steamed Corn Fresh Veggie Cup Assorted Fresh & Canned fruits Choice of Milk |
| February 27 | February 28 | March 1 | March 2 | March 3 |
| Chicken Nuggets WG Muffin Steamed Broccoli Tater Tots Assorted Fresh & Canned fruits Choice of Milk | Macho Nachos WG corn tortilla chips, beef taco cheese sauce,lettuce,salsa Shredded lettuce, salsa,scrm Fiesta Beans Assorted Fruits or 100% Juice Dough Go's cookie Choice of Milk | Breaded Mozzarella Cheese Sticks Marinara Sauce <i>Fresh Garden Salad</i> Steamed Corn Assorted Fresh & Canned fruits Choice of Milk | Chicken(Tenders) & Cinnamon Belgium Waffle Rosemary Roasted Potatoes Baby Carrots/Ranch Assorted Fruits or 100% Juice Choice of Milk | Personal Pan Pizza - see below Baked Fries Fresh Veggie Cup Assorted Fresh & Canned fruits Choice of Milk |
| ALTERNATE MENU CHOICES: | | | | |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 2. Yogurt Parfait 2. WG Banana Bread 3. Sunbutter Uncrustable 3. String Cheese 4. Assorted Deli Sandwiches | 2. Yogurt Parfait 2. WG Muffin 3. Sunbutter Uncrustable 3. String Cheese 4. Assorted Deli Sandwiches | 2. Yogurt Parfait 2. WG Banana Bread 3. Sunbutter Uncrustable 3. String Cheese 4. Assorted Deli Sandwiches | 2. Yogurt Parfait 2. WG Muffin 3. Sunbutter Uncrustable 3. String Cheese 4. Assorted Deli Sandwiches | 2. Yogurt Parfait/String Cheese 2. WG Banana Bread 3. Sunbutter Uncrustable 3. String Cheese & Crackers 4. Assorted Deli Sandwiches |

Lunch Price: \$2.75
Reduced Lunch: \$.40
Adult Lunch: \$4.35
 Full student lunch includes choice of meat or meat alternate, whole grain bread or grain, vegetable, fruit or juice choice, and milk (1% unflavored, skim, or fat-free flavored). Students must **Students must take a 1/2 cup serving of a fruit or a vegetable with lunch lunch.**

WG= whole grain

This café uses a variety of products that may contain an artificial sweetener. Products may be produced in a plant that also produces milk, egg, wheat, soy, peanuts, and tree nuts

Menu subject to change without notice
This institution is an equal opportunity provider.