

January 2023

Vermilion Elementary School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	January 3	January 4	January 5	January 6
	Walking Tacos WG Dorito chips, beef taco cheese sauce,lettuce,salsa Steamed Corn/Black Beans Assorted Fruits or 100% Juice Choice of Milk	Meatballs & Marinara Rotini Noodles Garlic Breadstick <i>Garden Salad</i> Assorted Fresh & Canned fruits Choice of Milk	Mini Pancakes Breakfast Sausage Cubed Rosemary Potatoes Fresh Baby Carrots/Ranch Assorted Fruits or 100% Juice Choice of Milk	Domino's Pizza (Cheese or Pepperoni) Fresh Veggie Cup Crinkle Fries Assorted Fresh & Canned fruits Choice of Milk
January 9	January 10	January 11	January 12	January 13
Chicken Nuggets WG Muffin Candied Carrots Tater Tots Assorted Fruits or 100% Juice Choice of Milk	Mini Corn Dogs Twisted Fries Baked Beans Assorted Fresh & Canned fruits Choice of Milk	Toasted Cheese Tomato Soup or Chili Steamed Corn Fresh Veggie Cup Assorted Fresh & Canned fruits Choice of Milk	"Winter Wonder Day" Chicken "Icicle" Sticks "Snowdusted" Dutch Waffle "Polar Potatoes" (rosemary roasted) "Iceberg" mixed Salad Slushie Punch JackFrost Gelatin Choice of Milk	Fresh Baked Pizza (Cheese or Pepperoni) Garden Salad /Steamed Corn Assorted Fresh & Canned fruits Choice of Milk
January 16	January 17	January 18	January 19	January 20
NO SCHOOL <i>Martin Luther King Holiday</i>	1. Soft Tacos - Beef & Cheese Soft flour shells,lettuce,salsa Fiesta Beans Steamed Corn Assorted Fruits or 100% Juice Choice of Milk	Bosco Cheesy Breadsticks Marinara Sauce Garden Salad Assorted Fresh & Canned fruits Choice of Milk	Mini Pancakes Sausage Links Tater Tots Steamed Broccoli Assorted Fruits or 100% Juice Choice of Milk	NO SCHOOL
January 23	January 24	January 25	January 26	January 27
Chicken Nuggets WG Muffin Steamed Broccoli Tater Tots Assorted Fresh & Canned fruits Choice of Milk	Macho Nachos WG corn tortilla chips, beef taco cheese sauce,lettuce,salsa Shredded lettuce, salsa,scrm Fiesta Beans Assorted Fruits or 100% Juice Dough Go's cookie Choice of Milk	Mozzarella Cheese Sticks Marinara Sauce <i>Garden Salad</i> Steamed Corn Assorted Fresh & Canned fruits Choice of Milk	Chicken(Tenders) & Waffle Rosemary Roasted Potatoes Baby Carrots/Ranch Assorted Fruits or 100% Juice Choice of Milk	Personal Pan Pizza Baked Fries <i>Garden Salad</i> Assorted Fresh & Canned fruits Choice of Milk
January 30	January 31	February 1	February 2	February 3
Popcorn Chicken Seasoned Rice California Veggies Steamed Corn Assorted Fresh & Canned fruits Choice of Milk	Hamburger or Cheeseburger WG Bun Baked Beans Fries Assorted Fruits or 100% Juice Choice of Milk	Bosco Cheesy Breadsticks Marinara Sauce <i>Garden Salad</i> Steamed Corn Assorted Fresh & Canned fruits Choice of Milk	Mini Waffles/Syrup Sausage Links Baby Carrots/ Ranch Tater Tots Assorted Fruits or 100% Juice Choice of Milk	Marco's Pizza Cheese or Pepperoni) <i>Garden Salad</i> Twister Fries Assorted Fresh & Canned fruits Choice of Milk
ALTERNATE MENU CHOICES:				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. Yogurt Parfait 2. WG Banana Bread 3. Sunbutter Uncrustable 3. String Cheese 4. Assorted Deli Sandwiches	2. Yogurt Parfait 2. WG Muffin 3. Sunbutter Uncrustable 3. String Cheese 4. Assorted Deli Sandwiches	2. Yogurt Parfait 2. WG Banana Bread 3. Sunbutter Uncrustable 3. String Cheese 4. Assorted Deli Sandwiches	2. Yogurt Parfait 2. WG Muffin 3. Sunbutter Uncrustable 3. String Cheese 4. Assorted Deli Sandwiches	2. Yogurt Parfait/String Cheese 2. WG Banana Bread 3. Sunbutter Uncrustable 3. String Cheese & Crackers 4. Assorted Deli Sandwiches

Lunch Price: \$2.75
Reduced Lunch: \$.40
Adult Lunch: \$4.35
 Full student lunch includes choice of meat or meat alternate, whole grain bread or grain, vegetable, fruit or juice choice, and milk (1% unflavored, skim, or fat-free flavored). Students must **Students must take a 1/2 cup serving of a fruit or a vegetable with lunch.**

WG= whole grain

This café uses a variety of products that may contain an artificial sweetener. Products may be produced in a plant that also produces milk, egg, wheat, soy, peanuts, and tree nuts

Menu subject to change without notice

This institution is an equal opportunity provider.