

March 2023

Vermilion Elementary School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		March 1	March 2	March 3
		Breaded Mozzarella Cheese Sticks Marinara Sauce <i>Fresh Garden Salad</i> Steamed Corn Assorted Fresh & Canned fruits Choice of Milk	Chicken (Tenders) & Cinnamon Belgium Waffle Rosemary Roasted Potatoes Baby Carrots/Ranch Assorted Fruits or 100% Juice Choice of Milk	Personal Pan Pizza Baked French Fries Fresh Veggie Cup Assorted Fresh & Canned fruits Choice of Milk
March 6	March 7	March 8	March 9	March 10
Popcorn Chicken WG Crackers Mashed Potatoes/Gravy Baby Carrots/Ranch Assorted Fresh & Canned fruits Choice of Milk	Hamburger or Cheeseburger WG Bun Baked Beans Twister Fries Assorted Fruits or 100% Juice Choice of Milk	Bosco Cheesy Breadsticks Marinara Sauce <i>Fresh Garden Salad</i> Crinkle Cut Fries Assorted Fresh & Canned fruits Choice of Milk	Blueberry Belgium Waffle Sausage Links Tater Tots Steamed Broccoli Assorted Fruits or 100% Juice Choice of Milk	NO SCHOOL
March 13	March 14	March 15	March 16	March 17
Chicken Tenders Mashed Potatoes/Gravy Steamed Green Beans Assorted Fresh & Canned fruits Choice of Milk	Walking Tacos WG Dorito chips, beef taco cheese sauce, lettuce, salsa Steamed Corn/Black Beans Assorted Fruits or 100% Juice Choice of Milk	Meatballs & Marinara Rotini Noodles Garlic Breadstick <i>Fresh Garden Salad</i> Steamed California Veggies Assorted Fresh & Canned fruits Choice of Milk	WG Pancakes Breakfast Sausage Cubed Rosemary Potatoes Fresh Baby Carrots/Ranch Assorted Fruits or 100% Juice Choice of Milk	NO SCHOOL
March 20	March 21	March 22	March 23	March 24
Chicken Nuggets WG Muffin Candied Carrots Tater Tots Assorted Fresh & Canned fruits Choice of Milk	Mini Corn Dogs Twisted Fries Baked Beans Assorted Fruits or 100% Juice Choice of Milk Dough Go's Cookie	Toasted Cheese Tomato Soup or Chili Steamed Corn Fresh Veggie Cup Assorted Fresh & Canned fruits Choice of Milk	Chicken Tenders Dutch Waffle Rosemary Roasted Potatoes Fresh Baby Carrots/Ranch Assorted Fruits or 100% Juice Choice of Milk	Fresh Baked Pizza (Cheese or Pepperoni) Baked French Fries Fresh Veggie Cup Assorted Fresh & Canned fruits Choice of Milk
March 27	March 28	March 29	March 30	March 31
Popcorn Chicken WG Crackers Mashed Potatoes/Gravy Fresh Baby Carrots/Ranch Assorted Fresh & Canned fruits Choice of Milk	Soft Tacos - Beef & Cheese Soft flour shells, lettuce, salsa Fiesta Beans Steamed Corn Assorted Fruits or 100% Juice Choice of Milk	Bosco Cheesy Breadsticks Marinara Sauce Steamed Corn <i>Fresh Garden Salad</i> Assorted Fresh & Canned fruits Choice of Milk	Mini Pancakes Sausage Links Tater Tots Steamed Broccoli Assorted Fruits or 100% Juice Choice of Milk	Marco's Pizza (Cheese or Pepperoni) Baked French Fries Fresh Veggie Cup Assorted Fresh & Canned fruits Choice of Milk
ALTERNATE MENU CHOICES:				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. Yogurt Parfait 2. WG Banana Bread 3. Sunbutter Uncrustable 3. String Cheese 4. Assorted Deli Sandwiches	2. Yogurt Parfait 2. WG Muffin 3. Sunbutter Uncrustable 3. String Cheese 4. Assorted Deli Sandwiches	2. Yogurt Parfait 2. WG Banana Bread 3. Sunbutter Uncrustable 3. String Cheese 4. Assorted Deli Sandwiches	2. Yogurt Parfait 2. WG Muffin 3. Sunbutter Uncrustable 3. String Cheese 4. Assorted Deli Sandwiches	2. Yogurt Parfait/String Cheese 2. WG Banana Bread 3. Sunbutter Uncrustable 3. String Cheese & Crackers 4. Assorted Deli Sandwiches

Lunch Price: \$2.75
Reduced Lunch: \$.40
Adult Lunch: \$4.35
 Full student lunch includes choice of meat or meat alternate, whole grain bread or grain, vegetable, fruit or juice choice, and milk (1% unflavored, skim, or fat-free flavored). **Students must take a 1/2 cup serving of a fruit or a vegetable with lunch.**

WG= whole grain

This café uses a variety of products that may contain an artificial sweetener. Products may be produced in a plant that also produces milk, egg, wheat, soy, peanuts, and tree nuts

Menu subject to change without notice
This institution is an equal opportunity provider.