

# May-June 2023

# Vermilion Elementary School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 1	May 2	May 3	May 4	May 5
Chicken Nuggets WG Muffin Steamed Corn California Veggies Assorted Fresh & Canned fruits Choice of Milk	Mini Corn Dogs Baked Beans Twister Fries Assorted Fruits or 100% Juice Choice of Milk	Toasted Cheese Tomato Soup or Chili Steamed Broccoli Fresh Veggie Cup Assorted Fresh & Canned fruits Choice of Milk	Chicken Tenders Dutch Waffle (half) Roasted Potatoes Fresh Baby Carrots/Ranch Assorted Fruits or 100% Juice Choice of Milk	Fresh Baked Pizza (Cheese or Pepperoni) Baked Fries Fresh Veggie Cup Assorted Fresh & Canned fruits Choice of Milk
May 8	May 9	May 10	May 11	May 12
Popcorn Chicken WG Crackers Mashed Potatoes/Gravy Fresh Baby Carrots/Ranch Assorted Fresh & Canned fruits Choice of Milk	Soft Tacos - soft flour tortillas filled with seasoned beef, lettuce, cheese, salsa Fiesta Beans/Steamed Corn Assorted Fruits or 100% Juice Choice of Milk	Bosco Cheesy Breadsticks Marinara Sauce Steamed Corn Garden Salad Assorted Fresh & Canned fruits Choice of Milk	French Toast Sticks/syrup  Roasted Potatoes Fresh Broccoli/Ranch Assorted Fruits or 100% Juice Choice of Milk	Marco's Pizza (Cheese or Pepperoni) Baked Twister Fries Fresh Veggie Cup Assorted Fresh & Canned fruits Choice of Milk
May 15	May 16	May 17	May 18	May 19
Breaded Chicken Sandwich  French Fries Steamed Green Beans Assorted Fresh & Canned fruits Choice of Milk	Hot Dog WG Bun Baked Beans Twister Fries Assorted Fruits or 100% Juice Choice of Milk	Macaroni & Cheese WG Muffin Steamed Broccoli Fresh Veggie Cup Assorted Fresh & Canned fruits Choice of Milk	Pancakes Breackfast Sausage Tater Tots Baby Carrots/Ranch Assorted Fruits or 100% Juice Choice of Milk	Domino's Pizza (Cheese or Pepperoni) Baked French Fries Fresh Veggie Cup Assorted Fresh & Canned fruits Choice of Milk
May 22	May 23	May 24	May 25	May 26
Chicken Nuggets WG Muffin Steamed Broccoli Tater Tots Assorted Fresh & Canned fruits Choice of Milk	Macho Nachos - Tortilla Chips, Seasoned Beef, Cheese Sauce, Lettuce & Salsa Black Beans/Steamed Corn Assorted Fruits or 100% Juice Choice of Milk	Breaded Mozzarella Cheese Sticks/Marinara Steamed California Veggies Garden Salad Assorted Fresh & Canned fruits Choice of Milk	Chicken Tenders Dutch Waffle (half) Roasted Potatoes Baby Carrots/Ranch Assorted Fruits or 100% Juice Choice of Milk	Fresh Baked Pizza (Cheese or Pepperoni) Baked Fries Fresh Veggie Cup Assorted Fresh & Canned fruits Choice of Milk
May 29	May 30	May 31	June 1	June 2
<b>Memorial Day NO SCHOOL</b>	Hamburger or Cheeseburger WG Bun Baked Beans Twister Fries Assorted Fruits or 100% Juice Choice of Milk	Bosco Cheesy Breadsticks Marinara Sauce <i>Fresh Garden Salad</i> Crinkle Cut Fries Assorted Fresh & Canned fruits Choice of Milk	Blueberry Belgium Waffle Sausage Links Tater Tots Steamed Broccoli Assorted Fruits or 100% Juice Choice of Milk	Marco's Pizza (Cheese or Pepperoni) Baked Twister Fries Fresh Veggie Cup Assorted Fresh & Canned fruits Choice of Milk
<b>ALTERNATE MENU CHOICES:</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
2. Yogurt Parfait 2. WG Banana Bread 3. Sunbutter Uncrustable 3. String Cheese 4. Assorted Deli Sandwiches	2. Yogurt Parfait 2. WG Muffin 3. Sunbutter Uncrustable 3. String Cheese 4. Assorted Deli Sandwiches	2. Yogurt Parfait 2. WG Banana Bread 3. Sunbutter Uncrustable 3. String Cheese 4. Assorted Deli Sandwiches	2. Yogurt Parfait 2. WG Muffin 3. Sunbutter Uncrustable 3. String Cheese 4. Assorted Deli Sandwiches	2. Yogurt Parfait/String Cheese 2. WG Banana Bread 3. Sunbutter Uncrustable 3. String Cheese & Crackers 4. Assorted Deli Sandwiches

**Lunch Price: \$2.75**  
**Reduced Lunch: \$.40**  
**Adult Lunch: \$4.35**

Full student lunch includes choice of meat or meat alternate, whole grain bread or grain, vegetable, fruit or juice choice, and milk (1% unflavored, skim, or fat-free flavored). Students must

**Students must take a 1/2 cup serving of a fruit or a vegetable with lunch**

WG= whole grain  
 This café uses a variety of products that may contain an artificial sweetener.

**This institution is an equal opportunity provider.**  
 Products may be produced in a plant that also produces milk, egg, wheat, soy, peanuts, and tree nuts.