

Vermilion High School Café - Lunch

WEDNESDAY **THURSDAY** FRIDAY

Lunch Menu Information

Lunch \$2.90, Reduced No Charge, Adult Meal \$4.35 A full lunch includes: Choice of

meat/meat alternate, whole grain bread or grain, vegetables, fruit or 100% fruit juice and choice of milk.

> Cheesy Bosco Breadsticks Marinara Sauce Steamed Broccoli **Assorted Fruit** Choice of Milk

Meatball Sub Sandwich with Mozzarella Cheese **Tater Tots** Fresh Garden Salad **Assorted Fruit** Choice of Milk

Chicken or Beef Philly Sub Sandwich Sautéed Peppers & Onions **Baked Beans Assorted Fruit** Choice of Milk

> Cheesy Bosco Breadsticks Marinara Sauce Steamed Broccoli **Assorted Fruit** Choice of Milk

April Fool's Day!

Fried Chicken Filet WG Dinner Roll Mashed Potatoes & Gravy Assorted Fruit or Juice Choice of Milk

Popcorn Chicken WG Dinner Roll Mashed Potatoes & Gravy Assorted Fruit or Juice Choice of Milk

Chicken Tenders WG Dinner Roll Crinkle Fries Assorted Fruit or Juice Choice of Milk

Earth Day! 22 Poutine Crispy Fries with Popcorn Chicken, Gravy & Cheddar Cheese WG Twisted Breadstick **Tossed Salad** Assorted Fruit or Juice Choice of Milk

> Popcorn Chicken WG Dinner Roll Mashed Potatoes & Gravv Assorted Fruit or Juice Choice of Milk

Beef Walking Tacos Cheese, Lettuce, Salsa & Sour Cream **Black Beans Assorted Fruit** Choice of Milk

Beef or Chicken Soft Tacos Lettuce, Salsa & Sour Cream **Black Beans Assorted Fruit** Choice of Milk

16 **Beef Macho Nachos** Lettuce, Salsa, Sour Cream & Cheese Fiesta Beans Assorted Fruit Choice of Milk

> Chicken & Waffles Hash Brown Rounds **Assorted Fruit** Choice of Milk

23

Chipotle Burrito or Bowl WG Rice Cheddar, Lettuce, Salsa & Sour Cream Black Beans

Assorted Fruit

Choice of Milk

Baked Mac & Cheese Bowls Choose Chili, Buffalo or Plain Popcorn Chicken WG Muffin Steamed Broccoli Assorted Fruit or Juice

10 **Breakfast Buffet** All of your breakfast favorites for lunch! Assorted Fruit or Juice Choice of Milk

Choice of Milk

17 Chicken Mashed Potato Bowls WG **Dinner Roll** Assorted Fruit or Juice

18 Choice of Milk

Pasta Bar A Variety of Pasta and Sauce Options WG Garlic Breadstick Garden Salad Assorted Fruit or Juice Choice of Milk

Domino's Pizza **Twister Fries Assorted Fruit** Choice of Milk

25

Daily Alternate Choices: Spicy or Regular Chicken Filet Sandwich, Hamburger or Cheeseburger, Cold Deli Sandwich, Yogurt Parfait with Banana Bread, PBJ Uncrustable with String Cheese and Assorted Entree Salads with Crackers. (WG = Whole Grain)

Common allergens (milk, egg, tree nuts, wheat, peanuts, soybeans and/or sesame) may be present in several menu offerings that have been prepared in facilities where these items are also processed, please notify staff of allergies and to get more information.

Domino's Pizza

French Fries

Assorted Fruit

Choice of Milk

Marco's Pizza

French Fries

Assorted Fruit

Choice of Milk

School Closed