

SEPTEMBER | 2020



Vermilion High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31	1	2	3	4
7	8	9 Chicken Strips w/ dinner roll Mashed potatoes & gravy Corn Assorted fresh & canned fruit ALTERNATE CHOICE Uncrustable	10 Pasta with meat sauce Garlic Bread Green Beans Assorted fresh & canned fruit ALTERNATE CHOICE Uncrustable	11 Bosco Sticks Marinara cup Spinach Salad Fruit snacks Fresh fruit ALTERNATE CHOICE Uncrustable
14 Chili & Cheese Hotdog Sunchips Baked Beans Carrot Sticks Assorted fresh & canned fruit ALTERNATE CHOICE Lunchable	15 Walking Taco w/ lettuce & tomato fiesta black beans Assorted fresh & canned fruit ALTERNATE CHOICE Lunchable	16 Chicken & Gravy over mashed potatoes Dinner roll Mixed Vegetables Assorted fresh & canned fruit ALTERNATE CHOICE Lunchable	17 Turkey Club Sub Sandwich On the side lettuce & tomato Chex Mix Cucumber slices w/ ranch Assorted fresh & canned fruit ALTERNATE CHOICE Lunchable	18 French Bread Pizza Spring Mix Salad Frozen Slushie Cup Rice Krispy Treat ALTERNATE CHOICE Lunchable
21 Popcorn Chicken Bowl w/ Mashed Potatoes Corn/ Dinner Roll Assorted fresh & canned fruit ALTERNATE CHOICE Uncrustable	22 Baked Macaroni & Cheese Dinner Roll Peas Assorted fresh & canned fruit ALTERNATE CHOICE Uncrustable	23 Meatball Sub Doritos Teddy Grahams Green Beans Assorted fresh & canned fruit ALTERNATE CHOICE Uncrustable	24 Italian Deli Sub Sandwich Goldfish Crackers Carrot Sticks Assorted fresh & canned fruit ALTERNATE CHOICE Uncrustable	25 Pizza Slice Fresh Romaine Salad Mandarin Oranges Juice Box Cookie ALTERNATE CHOICE Uncrustable
28 Bacon Cheeseburger On a Pretzel Bun Lettuce/ Tomato/ Pickle Baked Beans/ Goldfish Graham Assorted fresh & canned fruit ALTERNATE CHOICE Lunchable	29 Beef Taco w/ Lettuce & Tomato Spanish Rice Refried Beans Assorted fresh & canned fruit ALTERNATE CHOICE Lunchable	30 Salisbury Steak Dinner Roll Mashed Potatoes & Gravy Steamed Carrots Assorted fresh & canned fruit ALTERNATE CHOICE Lunchable	1	2

Menu is subject to change.
Half Pint of Milk Served w/lunch

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