

Sailorway Café Breakfast



August-September 2022

| Full student Breakfast includes choice of (2) grains or bread equivalents, (1) fruit or juice choice, and (1) milk choice (1% unflavored, skim, or fat-free flavored). <i>Students must take 3 of the 4 components.</i> | | | | Breakfast Price: \$1.85 Reduced Breakfast: \$.30 | | | | | | | | | | | | | | | | | | | | |
|---|-----------|--|--|--|--|--|--|---|--|---------|-----------|-------|------------|--------|--------|------------|--------|--------|-------------|--------|--------|--------------------------|--------|--------|
| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | | | | | | | | | | | | | | | |
| | | | | August 25 | | August 26 | | | | | | | | | | | | | | | | | | |
| *Alternate Whole Grain Breakfast Choices: | | | | | | Breakfast Sandwich *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | Warm Glazed Donut *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | | | | | | | | | | | | | | | |
| Banana Bread | | Cereals/Cereal Bars | | | | | | | | | | | | | | | | | | | | | | |
| Honey Buns | | Mini Donuts | | | | | | | | | | | | | | | | | | | | | | |
| Pop-Tarts | | Muffins w/ Yogurt Cup | | | | | | | | | | | | | | | | | | | | | | |
| August 29 | | August 30 | | August 31 | | September 1 | | September 2 | | | | | | | | | | | | | | | | |
| Pancake Sausage Wrap *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | Cinnamon Glazed French Toast *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | Breakfast Burrito *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | Breakfast Sandwich Sandwich Assorted Fruits and Juice Choice of Milk | | Cinnamon Pull-Apart *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | | | | | | | | | | | | | | | |
| September 5 | | September 6 | | September 7 | | September 8 | | September 9 | | | | | | | | | | | | | | | | |
| Waffles/Syrup *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | Breakfast Pizza *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | French Toast Sticks/Syrup *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | Breakfast Sandwich *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | Dutch Waffle *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | | | | | | | | | | | | | | | |
| September 12 | | September 13 | | September 14 | | September 15 | | September 16 | | | | | | | | | | | | | | | | |
| Pancakes *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | Breakfast Burrito *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | Cinnamon Glazed French Toast *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | Breakfast Sandwich *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | Warm Glazed Donut *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | | | | | | | | | | | | | | | |
| September 19 | | September 20 | | September 21 | | September 22 | | September 23 | | | | | | | | | | | | | | | | |
| Eggoji Waffles/Syrup *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | Breakfast Pizza *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | French Toast Sticks/Syrup *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | Breakfast Sandwich *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | Cinnamon Pull-Apart *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | | | | | | | | | | | | | | | |
| September 26 | | September 27 | | September 28 | | September 29 | | September 30 | | | | | | | | | | | | | | | | |
| Pancake Sausage Wrap *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | Breakfast Burrito *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | Cinnamon Glazed French Toast *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | Breakfast Sandwich *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | Dutch Waffle *Alternates offered daily Assorted Fruits and Juice Choice of Milk | | | | | | | | | | | | | | | | |
| <p>During the last school year, children and families benefitted from no-cost school meals for all students, made possible by permissions from USDA. Unfortunately, these permissions have expired. Vermilion Local School District and the Ohio Dept. of Education cannot extend permissions for no-cost meals for all students. School meals will still be available to all students; however, they will not be free to all students. Households may apply for free or reduced-price meal benefits on the Vermilion Local Schools website. Prices for the 2022-23 School Year are:</p> <table border="1"> <thead> <tr> <th>Grades:</th> <th>Breakfast</th> <th>Lunch</th> </tr> </thead> <tbody> <tr> <td>Grades K-3</td> <td>\$1.85</td> <td>\$2.75</td> </tr> <tr> <td>Grades 4-7</td> <td>\$1.85</td> <td>\$2.90</td> </tr> <tr> <td>Grades 8-12</td> <td>\$1.85</td> <td>\$2.90</td> </tr> <tr> <td>Reduced Price ALL grades</td> <td>\$0.30</td> <td>\$0.40</td> </tr> </tbody> </table> | | | | | | | | | | Grades: | Breakfast | Lunch | Grades K-3 | \$1.85 | \$2.75 | Grades 4-7 | \$1.85 | \$2.90 | Grades 8-12 | \$1.85 | \$2.90 | Reduced Price ALL grades | \$0.30 | \$0.40 |
| Grades: | Breakfast | Lunch | | | | | | | | | | | | | | | | | | | | | | |
| Grades K-3 | \$1.85 | \$2.75 | | | | | | | | | | | | | | | | | | | | | | |
| Grades 4-7 | \$1.85 | \$2.90 | | | | | | | | | | | | | | | | | | | | | | |
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| Reduced Price ALL grades | \$0.30 | \$0.40 | | | | | | | | | | | | | | | | | | | | | | |
| <p>This institution is an equal opportunity provider.</p> | | | | | <p>This café uses a variety of products that may contain an artificial sweetener.</p> <p>Products may be produced in a plant that also produces milk, egg, wheat, soy, peanuts, and tree nuts.</p> | | | | | | | | | | | | | | | | | | | |
| <p>Menu subject to change without notice.</p> | | | | | | | | | | | | | | | | | | | | | | | | |