

Sailorway Café

August 2022



Full student lunch includes choice of meat or meat alternate, whole grain bread or grain, vegetable, fruit or juice choice, and milk choice (1% unflavored, skim, or fat-free flavored). <i>Students must take a 1/2c serving of a fruit or a vegetable with lunch.</i>	Lunch Price: \$2.90 Reduced Lunch: \$.40 Adult Lunch: \$4.35
--	--

Welcome Back!

During the last school year, children and families benefitted from no-cost school meals for all students, made possible by permissions from USDA. Unfortunately, these permissions have expired. Vermilion Local School District and the Ohio Dept. of Education cannot extend permissions for no-cost meals for all students. School meals will still be available to all students; however, they will not be free to all students. Households may apply for free or reduced-price meal benefits on the Vermilion Local Schools website.

Prices for the 2022-23 School Year are:		
Grades:	Breakfast	Lunch
Grades K-3	\$1.85	\$2.75
Grades 4-7	\$1.85	\$2.90
Grades 8-12	\$1.85	\$2.90
Reduced Price ALL grades	\$.30	\$.40

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider. Menu subject to change without notice.			August 25	August 26
			Personal Pan Pizza Cheese or Pepperoni Assorted Fresh Veggies Steamed Corn Assorted Fruits or 100% Juice Choice of Milk	Crispy Chicken Tenders WG Crackers Roasted Rosemary Potatoes Assorted Fresh Veggies Assorted Fresh & Canned fruits Choice of Milk
August 29	August 30	August 31	September 1	September 2
Bosco Cheesy Breadsticks Marinara Steamed Broccoli Assorted Fresh Veggies Assorted Fresh & Canned fruits Choice of Milk	Crispy Popcorn Chicken WG Crackers Mashed Potatoes/Gravy Assorted Fresh Veggies Assorted Fruits or 100% Juice Choice of Milk	French Toast Sticks/Syrup Breakfast Sausage Patty Hash Brown Cubes Assorted Fresh Veggies Assorted Fresh & Canned fruits Choice of Milk	Domino's Pizza Cheese or Pepperoni Assorted Fresh Veggies Baked French Fries Assorted Fruits or 100% Juice Choice of Milk	Corn Dog Assorted Fresh Veggies Baked Beans Choice of Milk

Daily Meal Choices:	Garden Fresh Entrée Salads:
Mon-Wed-Fri: Breaded Chicken Filet Sandwich Mon-Wed-Fri: Spicy Breaded Chicken Filet Sandwich Tues-Thurs: Hamburger/Cheeseburger on Bun Cold Deli Sandwich Creamy Yogurt Parfait with Banana Bread Sunbutter Uncrustable/String Cheese/WG Crackers Assorted Lunch Salads (Vegetarian or Chicken Salad) (made with locally grown lettuces from OHIO farms)	(made with locally grown lettuces from OHIO farms) Salad lunches come with a fruit or juice, a warm WG breadstick, steamed veggie selection, milk choice, & dressing Monday - Chicken Parmesan Tuesday - Oriental Chicken Wednesday - Chicken BLT Thursday - BBQ Chicken Salad Friday - Chef Salad

This café uses a variety of products that may contain an artificial sweetener.

Products may be produced in a plant that also produces milk, egg, wheat, soy, peanuts, and tree nuts.