

# K- 12 ISOLATION & EXPOSURE GUIDANCE FOR COVID-19

## If You Test Positive for COVID-19

- **Stay home for 5 days from symptom onset and isolate from others in your home.**
  - *End home-isolation after 5 full days if you are fever-free for 24 hours without fever-reducing medications*
- **Stay home for 5 days after your positive test if you do not have symptoms**
- **Wear a well-fitting mask for 10 full days any time you are around others inside your home or in public.**
- **If you were hospitalized for COVID-19 or have a weakened immune system, stay home for at least 10 days.**

## If You Were Exposed to COVID-19

- **You do not need to stay home unless you develop symptoms.**
  - *Watch for symptoms for 10 full days after you last had close contact.*
  - *If you develop symptoms, isolate immediately and get tested.*
- **Wear a well-fitting mask for 10 full days any time you are around others inside your home or in public.**
- **Any individual that is unable to mask for 10 days may need to have accommodations made for them to maintain in-person learning including testing and social distancing from other students.**

## Stay Home When Sick

- **People that have symptoms of respiratory or gastrointestinal infections, such as, cough, fever, sore throat, vomiting, or diarrhea SHOULD STAY HOME.**
- **Isolating as soon as symptoms begin can lower the risk of spreading infectious diseases, including COVID-19, to other people.**
- **Students should not be participating in in-person learning with any signs or symptoms.**

**\*\* The date of your last exposure or start of symptoms is considered Day 0. The first full day after your last close contact or start of symptoms is considered Day 1.**



**PLEASE CONTACT THE ERIE COUNTY HEALTH DEPARTMENT COVID-19 INFORMATION LINE WITH QUESTIONS AT (419) 626-5623 X5170.**

# COVID-19 Exposure Flow Chart

Should this student participate in in-person learning?

Should this student isolate?  
or Staff

If you test  
Negative

If you test  
Positive

Do you have  
symptoms?

Do you have  
symptoms?

Yes

No

Yes

No

- Even if you test negative for COVID-19, you should remain at home with any symptoms.
- Isolate from others and do not return until symptoms have ceased.

- Return to school.
- Mask if you have had a known or suspected exposure for 10 full days.
- If symptoms develop, retest.

- Day 0 of isolation is the day of symptom onset.
- Isolate for 5 full days.
- After day 5, return to school and mask through day 10.

- Day 0 of isolation is the day of test.
- Isolate for 5 full days.
- After day 5, return to school and mask through day 10.

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